

## Thanksgiving Holiday Cooking and Food Safety

As you plan for your Thanksgiving holiday, don't forget to think about fire and food safety. Thanksgiving is the peak day for home cooking fires—the number of home fires tends to double over any other day of the year. Please keep these safety tips in mind as you prepare your meal.

- Make sure your smoke alarms are working. Test them by pushing the test button.
- If you are roasting your turkey, make sure you set a timer within earshot. This way, you won't forget about the turkey while you watch football. If you are enjoying the outdoors while waiting for dinner, make sure an adult is in the house to keep an eye on the oven!
- Keep children away from hot foods, hot liquids, electrical appliances and cords, sharp objects like carving utensils, matches, and lighters. Never leave children alone in room with a lit candle.

- Keep the floor clear so no one trips over toys, bags, or other hazards, especially when carrying hot foods or liquids.
- If you are frying your turkey:
  - Always use the fryer outdoors.
  - Use a fryer with thermostat controls. This will ensure the oil does not become overheated.
  - Thaw your turkey completely (preferably in the refrigerator). Ice on the bird will cause the oil to splatter.
  - Don't overfill the pot with oil. The oil will overflow when you add the turkey, causing a fire hazard.
  - Keep children and pets at least three feet away from the fryer.
- Remember food safety to avoid food-borne illnesses:
  - Wash your hands before and after touching raw meat.

- If you are cooking a turkey, do not wash it. This only spreads pathogens onto kitchen surfaces.
- Use separate cutting boards, plates, and utensils when handling raw meat to avoid cross-contamination. Wash items that have touched raw meat with warm soap and water, or place them in a dishwasher.
- Cook all meat thoroughly, until it meets an acceptable internal temperature. For example, turkey should be cooked until it reaches 165° F as measured by a food thermometer.
- Refrigerate leftovers within two hours and consume them or freeze them within three to four days.

By following these tips, you are sure to have a safe and enjoyable Thanksgiving holiday.

### MIEMSS Stars of Life Awards Presented During Special Meeting



Dr. Richard Alcorta (far left), MIEMSS Acting Co-Executive Director and State EMS Medical Director, with Prince George's County Fire/EMS Department Assistant Fire Chief Brian Frankel (far right) present Stars of Life Awards to Incident Commander William Corrigan, Sgt. Tim Keiling, and Firefighter Ryan Crowell for their heroic actions during the incident on November 8, 2015. (Story on page 3)

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# Pediatric Grand Rounds Takes Place at The Johns Hopkins Children's Center

On October 26, 2016, over 100 providers from various departments attended the Pediatric Grand Rounds at The Johns Hopkins Children's Center. Dr. Alisa Baer, a pediatrician and co-founder of The Car Seat Lady, presented "Child Passenger Safety from Birth Through Adolescence." Says Maryland EMS for Children Director Cyndy Wright-Johnson, "Dr. Baer did a great job of incorporating primary prevention, key parent education messaging, injury patterns from misuse and the 'growing up through car seats' theme. Her graphics were some of the best I have seen."

MIEMSS' Child Passenger Safety (CPS) Health Care Project sponsored Dr. Baer's appearance at this talk. The project also worked with Johns Hopkins' Pediatric Trauma Department and Maryland Kids in Safety Seats to provide a display of car seats and free CPS materials to attendees after the lecture. Dr. Baer's tips on CPS for health care providers are found on her website: [thecarseatlady.com/healthcare-provider-teaching-tips](http://thecarseatlady.com/healthcare-provider-teaching-tips). CPS materials are free to Maryland providers through the MIEMSS CPS program; contact Susanne Ogaitis-Jones at [cps@miemss.org](mailto:cps@miemss.org) or 410-706-8647 for more information.



(Left) Dr. Alisa Baer instructs providers who attended Pediatric Grand Rounds on matters of contemporary child passenger safety. (Right) Maryland EMS for Children's Child Passenger Safety and Occupant Protection Health Care Project coordinated a display with the latest information and tools for safety professionals. Photos courtesy of Susanne Ogaitis-Jones.



## Upcoming Pediatric Education Opportunities

- **November 29, 2016**  
8 AM to 5 PM  
*Advanced Pediatric Life Support (APLS)*  
*Hybrid Course for Physicians, NP, and PA*  
CME approved by MedChi  
Location: MIEMSS, 653 W. Pratt St.,  
Baltimore, Md.
- **January 27, 2017** (Friday preconference)  
8 AM to 5 PM  
*Winterfest EMS Conference – 20th Anniversary*  
*PEPP -3 Hybrid Course for BLS and ALS Providers*  
Location St. Michaels, Md.
- **February 18, 2017**  
8 AM to 5 PM  
*PEPP-3 Hybrid Course for BLS and ALS Providers*  
EMS Continuing Education approved by MIEMSS  
Location: Lexington Park VRS, Md.

For more information, email [pepp@miemss.org](mailto:pepp@miemss.org)

# MIEMSS Stars of Life Awards Presented During Special Meeting

The 2016 MIEMSS EMS Stars of Life Awards ceremony was held in Annapolis in May during EMS Week. However, several of those who were awarded a Star of Life Award could not attend the ceremony. MIEMSS Acting Co-Executive Director and State EMS Medical Director Dr. Richard Alcorta and Assistant Fire Chief Brian Frankel of Prince George's County Fire/EMS Department recently attended a meeting at the College Park Volunteer Fire Department to present the awards to Incident Commander Chief William "Bill" Corrigan, Sergeant Tim Keiling, and Firefighter Ryan Crowell.

This Star of Life was awarded for an incident that occurred on November 8, 2015, when a devastating car crash in Hyattsville injured 11 and claimed 5 lives. At about 5:00 pm, 9-1-1 dispatchers received a call for a vehicle engulfed in flames with its occupants trapped. Upon arrival, responders encountered a two-vehicle crash between a truck and a passenger van with multiple occupants—many of who were still trapped in the burning vehicle. Responders risked their own lives and safety to quickly extinguish the flames emanating from the crash and to treat and comfort the victims. The number of victims injured and extent of their injuries was staggering, and would heavily tax the first responders from Prince George's County Fire/EMS. However, the bravery and selflessness demonstrated by the responders on-scene undoubtedly saved many lives that day, including several children.



## Maryland Resuscitation Academy

The Maryland Resuscitation Academy held the annual one-day curriculum on November 3, 2016, an invaluable educational opportunity for leaders in Maryland EMS, and surrounding regions, to discover and implement ways to improve cardiac arrest survival in their local communities.

The goals of the Maryland Resuscitation Academy are:

- Learn how to define the cardiac arrest survival rate in the host community.
- Understand the principles of the Utstein template and how to report data.
- Develop a concrete plan of action to improve survival.
- Measure the effect of the plan of action on cardiac arrest survival.

To learn more about the Academy visit [www.ramaryland.org](http://www.ramaryland.org). Information about future classes will also be posted on this website as it becomes available.

## New Medical Director in Charles County

Darin Mann, DO, MBA, has been appointed as the new medical director for Charles County, responsible for providing medical expertise to the Charles County Department of Emergency Services and the Charles County Association of Emergency Medical Services EMSOP. Dr. Mann is also vice-chair of the Emergency Department, director of pre-hospital care, and director of patient satisfaction at the University of Maryland Charles Regional Medical Center. MIEMSS welcomes Dr. Mann as the newest jurisdictional medical director.

## 2017 EMS and Prevention Educational Conferences

### Winterfest EMS Conference 2017

January 27–30, 2017  
Tilghman Island, Md.

### Miltenberger Emergency Services Seminar

March 10, 2017 (Pre-conference)  
March 11, 2017 (Full Conference)  
Rocky Gap Conference Center

### Public Fire and Life Safety Educator Seminar

March 25, 2017  
MFRI Headquarters  
College Park, Md.

### EMS Care 2017

April 26–30, 2017  
Ocean City, Md.

### Point/Counterpoint 2017

May 11–12, 2017  
Baltimore, Md

## SAVE THE DATE! EMS Care 2017



April 26–30, 2017  
Ocean City, Md



# Winterfest EMS 2017

January 26 – 29, 2017

Harrison's Chesapeake House - Tilghman Island, Maryland  
Join Us for a Fun and Relaxing Weekend of Quality Education

## Preconference

### EMT 12-Hour Skills Refresher

**Date:** January 26 at 5:30 pm & January 27 at 8:00 am

**Location:** Tilghman Island Fire Department

**Fee:** \$75 (Registration is required.)

For EMTs; complete all your recertification needs with us at WINTERFEST EMS 2017. The 12-hour skills class is available as a preconference; followed by 12 hours of continuing education at the two-day conference, you can meet the recertification requirements. **Space is limited. Register early!**

### Pediatric Education for Prehospital Professionals 3rd Edition (PEPP-3) Hybrid Course (ALS & BLS)

**Date:** January 27 at 8:00 am

**Location:** Chesapeake Bay Maritime Museum – 213 North Talbot Street St. Michaels, Md., 21663

**Fee:** \$50 (Registration is required.)

The PEPP-3 Hybrid Course is designed by the American Academy of Pediatrics specifically for both ALS and BLS providers with a focus on assessment and management of ill or injured children. PEPP features case-based lectures, live-action video, hands-on skills stations, and small group scenarios. Additional scenarios and special equipment has been added by Maryland EMS for Children faculty to correlate with EMS Scope of Practice in Maryland. **Participants will complete 6.5 hours of online learning prior to attending the one-day, on-site portion.** Participants will qualify to receive an AAP course completion card by participating in both the online and on-site portions of the course and successfully completing a written test.

**Required** – Online learning must be completed prior to attending the course. Textbook will be mailed with online access code after payment has been received.

## Winterfest EMS 2017

Saturday – January 28, 2017

EMS and Nursing (Pending\*) CEUs Available

0730–0800	Registration	1300–1430	<b>Motor Vehicles + Children = Car Seats Required (1.5 T)</b> <b>Maryland Emergency Medical Services for Children (EMSC)</b>  We know that seat belts and car seats save lives when used appropriately, and that children are at the highest risk for death and permanent disability when they are unrestrained in motor vehicles. In fact, one-third of the pediatric deaths from MVCs occur when children are unrestrained. There are predictable injury patterns when children are ejected, car seats are misused, booster seats are forgotten and seat belts don't fit. The Maryland EMSC faculty will present the data, the cases, and the treatment priorities in caring for infants, children, and teens.
0800–0830	Welcome		
0830–1000	<b>How Can You Laugh at That? A Closer Look at the Use of Humor in Emergency Care (1.5 M)</b> <b>Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN</b> <b>(Have you seen him on Untold Stories of the ER?)</b>   This fun and enlightening talk will focus on the very "different" sense of humor shared by emergency services providers. Often used as a coping mechanism, this speaker will explain the appropriate uses of our type of humor. Our humor invokes a positive attitude and unites us, no matter what your area or era.		
1000–1030	<b>BREAK WITH VENDORS</b>	1430–1500	<b>BREAK</b>
1030–1200	<b>What's New in Cardiac Care? (1.5 M)</b> <b>Jeffrey Etherton, MD, FACC</b> <i>UM Community Medical Group – Cardiology</i>  Cardiac care is rapidly changing and it starts with early recognition. Emergency services is a portal to health care. What are some of the new changes and what impact do they have in our approach to patient care?	1500–1630	<b>Thoracic Trauma: Pearls and Pitfalls (1.5 T)</b> <b>Brandon Bruns, MD</b> <i>R Adams Cowley Shock Trauma Center</i>  Trauma care is a continuum. Management strategies begin with prehospital management and continue in the trauma center. This care is evolving due to new prehospital and operative techniques, some of which are controversial. This seminar will look at where we are and where we are going.
1200–1300	<b>LUNCH WITH VENDORS CHESAPEAKE HOUSE</b>		
	<small>* This activity has been submitted to Maryland Nurses Association for approval to award contact hours. Maryland Nurses Association is an approved provider of continuing nursing education, which is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation..</small>	1630	<b>CONFERENCE ENDS FOR THE DAY</b>  <b>Join Us Back at Harrison's for Dinner Services Starting at 1800</b>



# Winterfest EMS 2017

Sunday – January 29, 2017

0845–0900 Opening (Location: GYM)

0900–1015 **Opioids: Local, State, and National Emergency (1.5 M)**  
Maryland Lt. Governor Boyd K. Rutherford (Invited)  
Tom Chiccone, MD, Region IV EMS Medical Director  
Joe Gamble, Sheriff, Talbot County Sheriff Dept.  
Other content experts invited

The abuse and addiction to opioids such as heroin, morphine, and prescription pain relievers is a dangerous and life-threatening problem that affects everyone—abuser, family, emergency services, and the community. A panel will address patient care and behavioral health issues and the impact on the family and community.

1015–1030 **BREAK**

1030–1200 **Your Patient is also Pregnant – Now What?! (1.5 T)**  
Lynn Gerber Smith, RN, MS

This was going to be just another medical or trauma patient, but upon arrival you discover your patient is pregnant. Utilizing case studies, we will explore the assessment and care of the pregnant patient.

1300–1430 **What's Hot and What's Not – Pediatric Burns (1.5 T)**

Dylan Stewart, MD, FACS  
Pediatric Trauma Program Director  
Pediatric Burn Program Director  
The Johns Hopkins Hospital

Airway management, initial fluid resuscitation, pain management, and temperature control are all key in EMS assessment and transport. When we focus on the mechanism of the burn injury and assess any associated trauma, establish and maintain a patent airway, and initiate fluid resuscitation, our patients stand a good chance of surviving. EMS providers also need to include good initial burn wound management and aggressive pain management as part of their care.

1430–1600 **The Bizarre and the Spectacular: Unique Cases in Emergency Care (1.5 M)**

Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN

Some of the most unique cases that have been seen in emergency services will be presented, including unusual types of patient history, mechanism of injury, clinical presentation, and other “contributing factors” that make an interesting case.

1600 **Closing**

1200–1300 **LUNCH**

## Sunday Fire Class Option

0900–1545 **Water Awareness, Survival, and Rescue for First Responders (6 L)** - This course literally immerses the students in practical exercises that are designed to enhance their safety, survival, and rescue capabilities in the aquatic environment. A variety of scenario-based evolutions are performed in a controlled water environment that challenge the students to put newly-learned techniques and tactics into practice. This training is designed to be presented in a blended format that includes brief lecture, demonstration, and hands-on elements. In-water training will be conducted in a controlled environment (swimming pool) with a ratio of instructors/safety personnel to students that maximizes participant safety and enhances the training/educational experience.

### **Student Requirements and Equipment:**

- Basic swimming skills preferred but not required – student should be able to float or tread water for brief periods.
- Bathing attire (bathing suit, board shorts, rash guard)
- Towel
- Change of dry clothes

**Nursing CEUs not available for this session.**

**Location:** MEBA Engineering School, 27050 St. Michael's Road, Easton, Md. (Shuttle available)



# Winterfest EMS 2017

## **Location:**

Winterfest EMS will be held on Tilghman Island with headquarters at Harrison's Chesapeake House. The weekend conference will be held at the Tilghman Elementary School, located at 21374 Foster Road.

## **Payment and Cancellation Policy:**

Preregistration is required. We will be accepting registration until January 13, 2017, or until the conference is filled—whichever comes first. Walk-in registrations will not be allowed. In the event that payment is not readily available from the registrant's department, registration forms may be submitted with a letter of intent to pay on department letterhead. Otherwise, payment of all fees must be included with preregistration. All students must be paid in full prior to January 28, 2017. There is a \$25 fee for returned checks. Any student with an outstanding balance from any previous Winterfest will not be allowed to participate until their account is paid in full. All requests for cancellations must be made in writing to:

Winterfest EMS, c/o Talbot Co. DES, 29041 Corkran Rd., Easton, MD 21601

Refunds, excluding a \$10 processing fee, will be mailed for cancellations received before January 13, 2017. Cancellation after January 13, 2017, will result in forfeiture of your entire registration fee. Speakers and topics are subject to change.

## **Accommodations:**

### **WINTERFEST EMS WILL NOT BE TAKING ANY RESERVATIONS.**

All reservations must be made by the student. Please contact any hotel directly to reserve and pay for your room. Ask for the **Winterfest** rate from the suggested local lodging:

Harrison's Chesapeake House, (410) 886-2121  
Tilghman Island Inn, (410) 886-2141  
Lowe's Wharf, (410) 745-6684

**\*\*Breakfast at Harrison's is included for those who are staying at the above listed hotels\*\***

Breakfast will be served starting at 6:30 Saturday and 7:00 Sunday; gratuity not included.

## **Weather Cancellation:**

The Conference Planning Committee will make a decision about cancellation of Winterfest EMS due to severe weather by 12 noon on January 25. Call Talbot County DES at (410) 820-8311 for details. Written requests for refunds will be accepted within 30 days of cancellation.

## **Information:**

For additional information or registration confirmation, call TCDES at (410) 820-8311, email us at [winterfest@talbotdes.org](mailto:winterfest@talbotdes.org), or contact us through Facebook. The Winterfest EMS Committee is committed to ensuring that individuals with disabilities are able to fully participate in the conference. If you require additional assistance, please call the Winterfest EMS Committee.

## **Directions:**

### **Traveling from the Bay Bridge and points West:**

Take Route 50 East to Easton. Turn right onto the Easton Bypass (Route 322). Turn right at the 4th light (St. Michaels Road, Route 33). Follow road for about 23 miles to Tilghman Island. Once you cross the bridge, Tilghman Island Volunteer Fire Department will be on the left; Tilghman Island Elementary School will be on the right; Harrison's Chesapeake House will be on the left on Chesapeake House Drive, just past the school.

### **Traveling from Ocean City and points East:**

Take Route 50 West to Easton. Turn left onto the Easton Bypass (Route 322). Turn left at the 3rd light (St. Michaels Road, Route 33). Follow road for about 23 miles to Tilghman Island. Once you cross the bridge, Tilghman Island Volunteer Fire Department will be on the left; Tilghman Island Elementary School will be on the right; Harrison's Chesapeake House will be on the left on Chesapeake House Drive, just past the school.

### **To the Chesapeake Bay Maritime Museum (PEPP-3 Preconference Location):**

*213 North Talbot Street, Saint Michaels, MD 21663*

Follow directions above to St. Michaels Road, Route 33. Once on St. Michaels Road, travel approximately 9.5 miles in to Saint Michaels. Turn right in to the entrance for the Chesapeake Bay Maritime Museum and follow signs to Museum parking. The class will be held in the Van Lennep Auditorium in the Steamboat Building.



# Winterfest EMS 2017

## Winterfest EMS 2017 Registration

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_  
 Street Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_  
 Provider #: \_\_\_\_\_ Email: \_\_\_\_\_  
 Certification/Licensure (Circle): EMR EMD EMT CRT Paramedic LPN RN NP PA MD

### 20-YEAR ANNIVERSARY REGISTRATION DISCOUNT! 2-Day Registration Fee is \$125!

**Preconferences***(Select Only One):*

- \_\_\_\_\_ EMT Skills Refresher \$75
- \_\_\_\_\_ Pediatric Preconference \$50

**EMS and Nursing Conference Fees:**

- \_\_\_\_\_ Saturday, \$85.00 (*general session only*)
- \_\_\_\_\_ Sunday, \$85.00 (*choose track below*)
- \_\_\_\_\_ Both days, \$125.00 (*choose Sunday track below*)

**If attending Sunday, select one track:**

- \_\_\_\_\_ General Session
  - \_\_\_\_\_ Fire (*Location: MEBA Engineering School,  
27050 St. Michaels Road, Easton, Md. 21601;  
Shuttle will be available from Tilghman Elementary School*)
- If a selection is not made, attendees will be signed up for general sessions.*

**Dinner at Harrison's Chesapeake House, Tilghman Island, Md.***Rates are per person and DO NOT include gratuity.*

- \_\_\_\_\_ Friday Night Dinner Only, \$35 (*Oyster Buffet OR Menu Item*)
- \_\_\_\_\_ Saturday Night Dinner Only, \$35 (*Menu Item Only, No Buffet Available*)
- \_\_\_\_\_ Friday and Saturday, \$65 (*rate only available for 2-night package*)



Total Amount Due \$ \_\_\_\_\_ = Preconference Fees + Conference Fees + Meal Cost (as applicable)

Make checks payable to **Winterfest EMS**. Reservations are due by **January 13, 2017**. Meal fees must be included with registration. Send check, along with this form, to Winterfest EMS, c/o Talbot Co. EMS, 29041 Corkran Rd, Easton, MD, 21601. Call or email us with any questions or confirmation requests at (410) 820-8311 or [winterfest@talbotdes.org](mailto:winterfest@talbotdes.org).

\*\*\*\*Provider Number is Required to Receive Continuing Education Credits\*\*\*\*

**MIEMSS, Maryland EMS News**  
**653 W. Pratt St., Baltimore, MD 21201-1536**



**Governor Larry Hogan**  
**Lt. Governor Boyd Rutherford**

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