

## ASK YOURSELF THESE QUESTIONS:

1. Have you often found yourself thinking about gambling (e.g., reliving past gambling experiences, planning the next time you will play or thinking of ways to get money to gamble)?
2. Have you needed to gamble with more and more money to get the amount of excitement you are looking for?
3. Have you become restless or irritable when trying to cut down or stop gambling?
4. Have you gambled to escape from problems or when you are feeling depressed, anxious or bad about yourself?
5. After losing money gambling, have you returned another day in order to get even?
6. Have you lied to your family or others to hide the extent of your gambling?
7. Have you made repeated unsuccessful attempts to control, cut back or stop gambling?
8. Have you been forced to go beyond what is strictly legal in order to finance gambling or to pay gambling debts?
9. Have you risked or lost a significant relationship, job, educational or career opportunity because of gambling?
10. Have you sought help from others to provide the money to relieve a desperate financial situation caused by gambling?

**5 or more** "yes" answers indicates a diagnosis for Pathological Gambling.

**Less than 5** indicates a potential problem and/or at risk indicators which may warrant further support, education and treatment services.

### NEED IMMEDIATE HELP?

CALL 800.994.8448

<http://igc.in.gov/vep>

TEXT **INGAMB** TO **53342**

## VEP

Voluntary Exclusion Program

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## VEP

Voluntary Exclusion Program

Is your gambling  
out of control?

You make the decision.  
You sign up.



## TAKE BACK CONTROL OF YOUR LIFE AND BEAT PROBLEM GAMBLING. THE FIRST STEP IS UP TO YOU.

Your gambling problem doesn't just stop with you. It can cause a disastrous ripple effect throughout your family, job and future, leaving loved ones, friends and bosses confused, hurt and angry. Left unchecked, the costs to you can be staggering: crushing debt, family problems, legal problems, lost jobs and lost assets. At some point, you are no longer playing a game - but it is playing you.

More information about the program is available at [www.indianagamblinghelp.com](http://www.indianagamblinghelp.com) or by calling the Indiana Gaming Commission at 317-234-3600.

Treatment for problem gambling is available by calling 800-994-8448, the problem gambling help line, or by texting INGAMB to 53342.

Financial support for gambling treatment is available for those who qualify through the State of Indiana, Family and Social Services Administration, Division of Mental Health and Addiction. Assistance in obtaining treatment for problem gambling is available thorough the Problem Gambling Help Line at 800-994-8448.

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## The Voluntary Exclusion Program

The Voluntary Exclusion Program (VEP) is designed to help you take that initial step and gain control of your life. With the VEP, that single decision, that courageous step you take to quit gambling, becomes a defining moment where the past and the future is yours. Addressing a gambling problem, after all, isn't just about the gambling. It is about taking control of your life. The VEP applies to all Indiana casinos, sports wagering operators and the Four Winds South Bend casino. While the Four Winds South Bend casino is not regulated by the Indiana Gaming Commission (IGC), the VEP is in effect at this facility pursuant to a compact between The Pokagon Band of Potawatomi Indians and the State of Indiana.

- Participants in the VEP agree to refrain from entering any casino gaming area in Indiana and from participating in sports wagering activities.
- Individuals interested in enrolling in the VEP may do so at any Indiana casino location by approaching a uniformed security guard, by scheduling an appointment at the IGC office in Indianapolis or by scheduling an appointment with a designated problem gambling treatment provider listed on the IGC website.
- A person must complete the request form of his or her own free will and must not be under the influence of alcoholic beverages, controlled substances or prescription medication when the form is completed.
- Information about participants of the VEP is confidential and will be issued only to casinos for the purpose of enforcement.
- Request forms must be completed in the presence of an agent of the IGC. While every effort will be made to accommodate interested individuals who approach casino security officers, it may be necessary to make an appointment. Information on obtaining an appointment time is available on the IGC website or by calling the IGC at 317-234-3600.
- Participants may elect to self-exclude for one year, five years or life. Once a time period is selected, it may be increased, but not decreased. Once the time period chosen has concluded, a participant may request removal from the VEP by completing a removal application. A VEP participant is not removed from the VEP until the removal application has been approved by the IGC. If a VEP participant selected a lifetime exclusion, the VEP participant may not be removed from the VEP.
- VEP participants will be removed from the marketing lists of all casinos and sports wagering operators. VEP participants will not be eligible to participate in promotions conducted by casinos or sports wagering operators and will not receive any check cashing, credit or comp privileges.
- Participants found to be in an Indiana casino will be asked to leave and could be subject to arrest for trespassing.
- If a VEP participant is discovered at an Indiana casino and has winnings in his/her possession, the winnings will be forfeited and submitted to the IGC in the form of a fine.
- Casinos may elect to permanently evict VEP participants from their properties.
- VEP participants are prohibited from participating in sports wagering activities at the casino sportsbooks, on mobile websites and at the off track betting facilities in Clarksville, Indianapolis and New Haven.