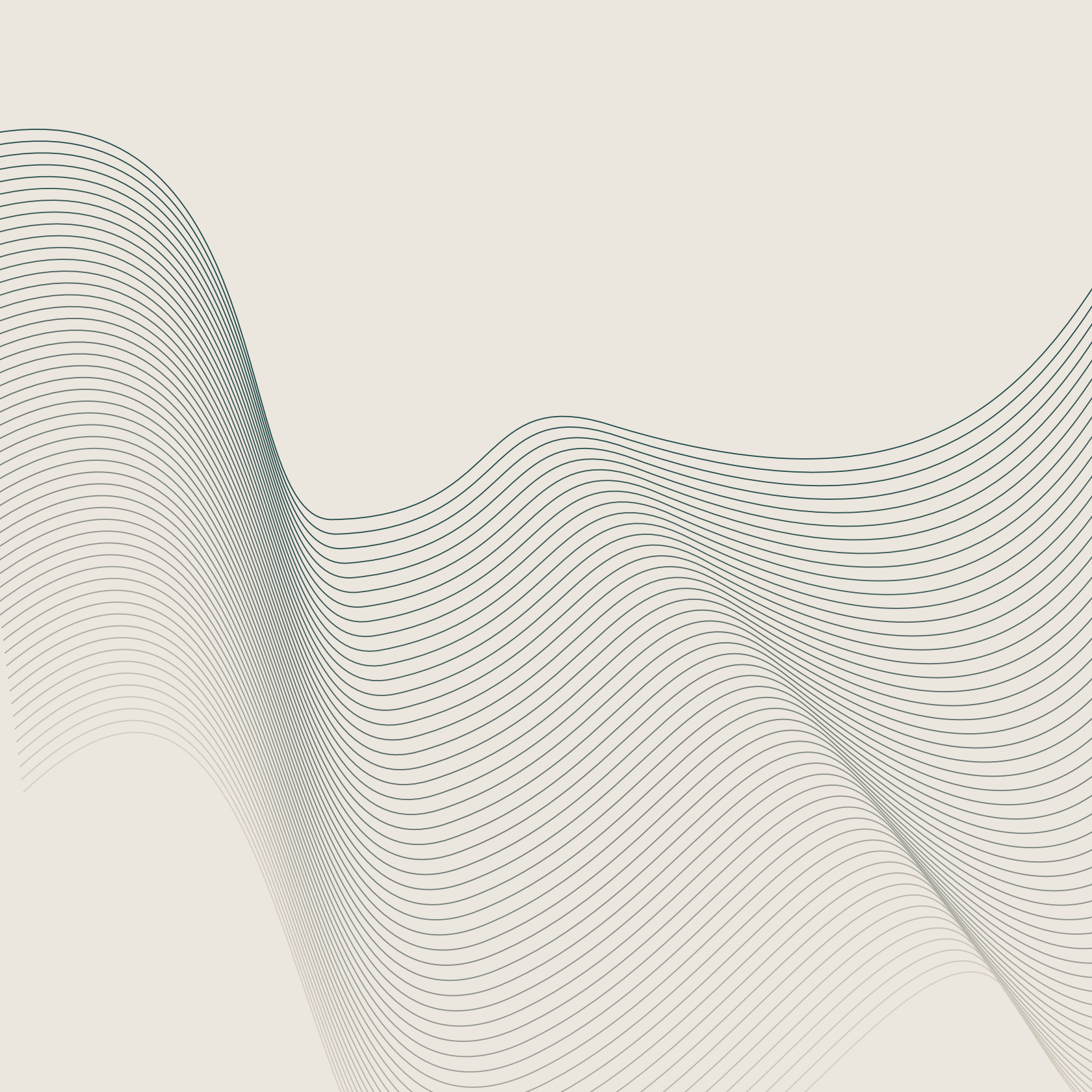



TREATMENTS

AWANA

SPA & WELLNESS





Born from our founder's dream of finding an idyllic refuge to replenish the body and awaken the senses. AWANA Spa is a destination for holistic wellness, offering globally inspired healing treatments.

AWANA invites you to transcend the ordinary with one of a kind communal experiences geared towards rejuvenating and energizing the mind, body and soul.

Our team of caring experts has designed wellness treatments to help you rediscover connections. With yourself. With your surroundings. With others.

# FOUNTAIN OF YOUTH

## THREE HOUR PASSPORT



Tales of the elusive Fountain of Youth have been recounted for thousands of years. The mythical spring restores the youth of anyone to bathe in its curative, age reversing waters. Immerse yourself in the healing waters of AWANA's 6 different vitality pools, heated Crystal laconium room, tepidarium chairs, vapor-filled steam rooms, cool mist showers and the experiential Rain Walk. Each passport includes 3 hours in a journey of youthful exploration.

*Fountain of Youth passport included with any spa treatment 60 minutes or longer. Lockers, robes and sandals provided.*

### 3 HOUR PASSPORT

Tues-Wed \$120 | Thurs-Mon \$150

### HOURS

9:30 AM - 11:30 AM

12:30 PM - 2:30 PM

3:30 PM - 5:30 PM

*Reservations Recommended*

*Guests may check-in for Passports any time during the reserved two-hour window, at which time their 3-hour journey will begin*



# ART OF AUFGUSS

## EVENT SAUNA



Originating in Europe, saunas provide rejuvenation and social gathering for the shared goal of greater well-being. The unique communal bathing area, is wellness theatre in the round, where the Sauna Meister is center stage. "Aufguss" means infusion in German. The infusion of concentrated heat, aromatherapy, choreographed with music, lighting and dancing towels.

Each Sauna Meister will curate a 30-minute themed experience - Relax, Invigorate, Playful or Avant Garde.

**MUST BE BOOKED WITH  
A FOUNTAIN OF  
YOUTH PASSPORT  
OR SPA TREATMENT  
60 MINUTES OR LONGER**

**SHOWS AVAILABLE  
FRIDAY, SATURDAY, AND SUNDAY**

# FACIALS

## DiamondGlow Facial

### I AM REJUVENATED

Available exclusively at Awana Spa, the DiamondGlow facial provides an instant glow with lasting results. This all-in-one dermabrasion treatment is clinically proven to rejuvenate the skin using proprietary technology to deliver immediate and long-lasting results. Diamond tips of varying degrees of abrasion allow for even the most sensitive skin to be treated. Paired with targeted SkinMedica Pro-Infusion serums, allowing for customization for every skin concern and skin type.

**60 Minutes | Tues-Wed \$365 | Thurs-Mon \$395**

## Radiance Facial With Dermaplane

### I AM NOURISHED

Customized for your skin, this facial harmonizes and hydrates your skin with powerful antioxidants and botanical extracts. A specialized exfoliation with Dermaplane helps lift layers of dead skin cells and vellus hair, allowing deeper infusion of high-performance ingredients to stimulate collagen production. This treatment noticeably improves tone and texture, and minimizes the appearance of fine lines and wrinkles to leave skin radiant, hydrated, and glowing.

**60 Minutes | Tues-Wed \$305 | Thurs-Mon \$335**

## In the Clouds Ritual

### I AM SOOTHED

Designed for ultimate relaxation, this personalized facial is tailored for your specific skin needs utilizing gentle organic ingredients. A gemstone Knesko collagen face mask is optimized utilizing the TheraFace hot and cold rings. The signature Moroccanoil scalp treatment and luxurious hand and arm massage melt away any tension, completing the escape.

**90 Minutes | Tues-Wed \$365 | Thurs-Mon \$405**

## Enzyme Renewal

### I AM RENEWED

Customized botanical facial to balance and nourish the complexion and promote relaxation. Active organic fruit enzymes facilitate cell renewal to improve texture and tone.

**60 Minutes | Tues-Wed \$230 | Thurs-Mon \$260**

**90 Minutes | Tues-Wed \$320 | Thurs-Mon \$360**

## Purifying Deep Clean

### I AM CLEANSED

A purifying facial to target oily, blemish-prone skin with gentle fruit exfoliators to remove impurities and relieve pore congestion. Special focus is given to extractions to dissolve surface oil, clarify and refine the complexion.

**60 Minutes | Tues-Wed \$240 | Thurs-Mon \$270**

## OMOROVICZA FACIALS

Our selection of Omorovicza traditional Hungarian facials has something tailored for everyone. Featuring products derived from the Thermal Healing waters in Budapest and featuring signature Hungarian facial massage, these luxurious services focus will leave your skin and your spirit uplifted.

### Gold Repairing Facial

#### I AM PLUMPED

Bio-available gold repairs micro damage to strengthen and repair the epidermis. Great for sensitive, compromised, and moisture depleted skins. Complexion is left firm, youthful and brightened.

60 Minutes | Tues-Wed \$255 | Thurs-Mon \$285

### Blue Diamond Facial

#### I AM LIFTED

This premium anti-ageing, firming and brightening treatment helps to revitalise dull, lacklustre skin. It firms and energises using gentle enzyme exfoliation. Includes a cooling eye treatment and restores skin fitness.

60 Minutes | Tues-Wed \$255 | Thurs-Mon \$285

### Illuminating Vitamin C

#### I AM RADIANT

This premium smoothing and brightening treatment helps to revitalize dull skin and repair damage with antioxidant rich Vitamin C. An exfoliating Copper treatment includes blue copper and lactic acid, designed to reduce pore size and detoxify, resulting in a more even skin tone.

60 Minutes | Tues-Wed \$255 | Thurs-Mon \$285

### Queen Facial

#### I AM CALM

Perfect for all skin types, including sensitive and menopausal skin as it defends against glycation. Mediterranean micro-algae, Healing Concentrate, and stem cells from Lithops, also known as Living Stones, support hydration, elasticity, and Vitamin D synthesis for a glowing luminous complexion.

60 Minutes | Tues-Wed \$255 | Thurs-Mon \$285

## HYDRAFACIALS

### Signature Hydrafacial

#### I AM YOUTHFUL

This anti-aging treatment deeply cleanses, exfoliates, extracts, and hydrates the skin. Results-driven super serums filled with antioxidants, peptides, and hyaluronic acid give the skin a youthful boost.

60 Minutes | Tues-Wed \$305 | Thurs-Mon \$335

### Signature Hydrafacial With Dermaplane

90 Minutes | Tues-Wed \$455 | Thurs-Mon \$495

### Platinum Hydrafacial

#### I AM YOUTHFUL

Begin the detoxification process with manual lymphatic drainage. Then deeply cleanse, exfoliate, extract and hydrate skin while addressing your skin concerns with a results-driven Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

90 Minutes | Tues-Wed \$440 | Thurs-Mon \$480

### Omorovicza X Hydrafacial

#### I AM YOUTHFUL

This luxurious treatment combining Omorovicza and HydraFacial is exclusive to Awana Spa. A technology driven facial providing anti-aging results by exfoliating, hydrating, brightening and plumping lackluster skin. Includes signature Hungarian facial massage and Omorovicza's Advanced Skin Renewal Booster, a cocktail of Budapest's Thermal Healing Waters, nourishing vitamins, amino acids, and hyaluronic acid to leave skin radiant and glowing.

90 Minutes | Tues-Wed \$455 | Thurs-Mon \$495

# MASSAGE TREATMENTS

## World of Wellness Massage

I AM REVIVED

A uniquely customized fusion of worldly techniques and modalities to ease the physical tension and stress of body aches, pains, and fatigue. Allow our experienced bodyworkers to individualize the blending of healing traditions to ensure a truly therapeutic experience.

**60 Minutes | Tues-Wed \$205 | Thurs-Mon \$235**  
**90 Minutes | Tues-Wed \$295 | Thurs-Mon \$335**

## Himalayan Salt Stone Massage

I AM RELAXED

Warmed salt-crystal stones gently exfoliate and nourish the skin with 84 trace minerals while promoting deep relaxation from mental and physical tension and stress. Himalayan salt encourages grounding and balances the meridians and energy points of the body, promoting overall well-being and health.

**60 Minutes | Tues-Wed \$220 | Thurs-Mon \$250**  
**90 Minutes | Tues-Wed \$310 | Thurs-Mon \$350**

## Prenatal Massage

I AM BLISSED

With pregnancy comes change and transformation to the female body. This journey supplies overall nourishment and support, relieving physical and mental fatigue and discomfort. Massage during pregnancy stimulates circulation to encourage relief to aching muscles and joints, relieving stiffness and water retention throughout the body.

**60 Minutes | Tues-Wed \$205 | Thurs-Mon \$235**

## Balinese Waves

I AM ENERGIZED

This energizing full body treatment uses a combination of warming spices & Balinese techniques including skin rolling, wringing, rocking, and pressure points to relieve strained muscles. Begin with a foot soak ritual, continue with JAMU massage, traditional 'Boreh' spice back scrub to enhance energy and improve circulation & a choice of Jasmine Frangipani or Ginger Spice organic oils.

**90 Minutes | Tues-Wed \$320 | Thurs-Mon \$360**

## Bangkok Thai Wellness

I AM RESTORED

Our table-top Thai massage brings thousands of years of healing therapy into the treatment. Stretching the entire body using percussive movements and traction to release tension and loosen overworked muscles. Tropical blends of coconut & organic lemongrass oils bring a healing complement to this restorative treatment.

**90 Minutes | Tues-Wed \$320 | Thurs-Mon \$360**

## Moroccanoil Hydration Ritual

I AM HYDRATED

A full body sensory journey that gently exfoliates, hydrates and rejuvenates. The treatment begins with a signature exfoliation, leaving the skin refreshed and renewed. Following a rain shower, this indulgent experience culminates with a hydrating massage, and application of body soufflé and luxurious dry body oil and closes with an argan oil infused scalp treatment.

**90 Minutes | Tues-Wed \$360 | Thurs-Mon \$400**  
**120 Minutes | Tues-Wed \$480 | Thurs-Mon \$525**



## Tokyo Escape

### I AM RESTED

The ultimate massage for your best night sleep. Carefully applied pressures relieve key areas of tension, whilst all essential oil blend sedates, calms and grounds you to induce a serious state of relaxation. Body massage focuses on back, scalp, arm, legs and feet while a cocooning warm, dry towel is placed over head and eyes.

**90 Minutes | Tues-Wed \$360 | Thurs-Mon \$400**  
**120 Minutes | Tues-Wed \$480 | Thurs-Mon \$525**

## Hong Kong Layover

### I AM DETOXIFIED

A treatment for weary travelers to get you back on track when you're feeling fuzzy, tired and sluggish. This invigorating treatment is specifically designed for those looking for an intensive body detox. The perfect therapy that will leave you feeling relaxed and recharged. Includes body brush to take home.

**90 Minutes | Tues-Wed \$390 | Thurs-Mon \$430**  
**120 Minutes | Tues-Wed \$510 | Thurs-Mon \$555**

## Machu Picchu

### I AM BALANCED

Machu Picchu is renowned for its powerful, tranquil energies. It is believed this energy is connected to the Earth as well as our Chakra system. This journey incorporates the healing properties of crystal therapy, aromatherapy and bodywork to create balance, peace and harmony in the physical, mental and emotional bodies.

**90 Minutes | Tues-Wed \$360 | Thurs-Mon \$400**

## Eastern Vibrations

### I AM HARMONY

A truly unique experience to restore the natural rhythms of your body and mind on a cellular level. This treatment helps you achieve a remarkably restorative and euphoric state through the beautifully peaceful sounds and vibrations of Himalayan Singing Bowls placed on and around the body, incorporated with a customized full body massage. Vibrations from the bowls inspire a state where you can transcend stressful thoughts and the energies of your body and mind are harmonized.

**90 Minutes | Tues-Wed \$360 | Thurs-Mon \$400**  
**120 Minutes | Tues-Wed \$480 | Thurs-Mon \$525**

## Into the Redwoods

### I AM GROUNDED

Bring the serenity of nature to your mind, body & skin. Feel restored from the stresses of modern day living, cleansed of pollution, and relieved from restlessness & agitation. Forest Therapy's® unique essential oil blend & treatment massage will reinforce your intention to feel refreshed, tranquil, & grounded. Commencing with a cleansing, guided inhalation & tension releasing long, deep massage, followed with a warm grounding mud mask to recharge through hands and feet. Finally, restoring tranquility to the mind with our expert scalp massage.

**90 Minutes | Tues-Wed \$360 | Thurs-Mon \$400**

# COUPLE'S SUITE



## Midnight in Bali

### WE ARE CONNECTED

Increase chi, blood flow & healing potential with the next best thing to Bali, Indonesia at midnight, or any time! Begin your journey with relaxation time in the suite to enjoy refreshments and time together. The experience includes a Foot Soak Ritual, and continues with full body ginger spice 'Boreh' scrub and experiential shower. Concluding with a Balinese full body balancing massage. A must experience for body, sole and soul.

**120 Minutes | Tues-Wed \$900 Per Couple | Thurs-Mon \$970 Per Couple**

## Javanese Lulur Ceremony

### WE ARE CONNECTED

A luxurious ritual from the royal palaces of Central Java, Indonesia. Traditionally given for 40 days, every day, prior to the wedding day, the bride-to-be receives this body treatment & massage from women in the family, as a way of passing down wisdom. Begin with relaxation time in the suite to enjoy refreshments and connect. The experience begins with foot soak ritual, continue with 'Lulur' turmeric body scrub, fresh yoghurt rub & experiential shower rinse. Complete with JAMU Massage for body balancing, energizing & empowering the feminine energies.

**180 Minutes | Tues-Wed \$1,250 Per Couple | Thurs-Mon \$1,350 Per Couple**

# FOOT SPA TREATMENTS

These Malaysian inspired treatments allow your feet and legs to receive the attention they deserve. Take time to relax and destress in our Foot Spa lounge. Attention to your areas of concern, customized services use techniques such as massage, percussion, gua sha, and compression. Must be reserved with a Fountain of Youth Passport or spa treatment 60 minutes or longer.

## Phoenix Rising

Malaysian Foot Treatment

**30 Minutes**

**Tues-Wed \$85**

**Thurs - Mon \$95**

## Compression Therapy

Recover Air Boots

**30 Minutes**

**Tues-Wed \$70**

**Thurs - Mon \$80**

## Reviving Foot Treatment

Foot Scrub and Massage

**30 Minutes**

**Tues-Wed \$85**

**Thurs - Mon \$95**

*Our immersive facilities feature vitality pools, steam rooms, event sauna, laconium, tepidarium chairs and experiential showers with a unique communal approach. We encourage guests to bring swimwear so they may enjoy our Fountain of Youth and all of the communal experiences. Awana Spa is an adult facility and appropriate for guests 18 years of age and older. Please arrive at least 30 minutes prior to the start of your scheduled appointment to allow yourself time to enjoy the facilities. A spa robe, slippers, private locker, and amenities will be provided during your journey. Please do not bring valuable personal property, as we are not responsible for lost or stolen items. When scheduling your spa experience, please inform us of any medical conditions; including pregnancy, allergies, or any other special concerns you may have. Please notify Awana Spa at least 24 hours prior to appointment time if you need to cancel or reschedule to avoid a full treatment fee. For your convenience, a 20% service charge will be added to each spa reservation. Additional gratuities are at your discretion.*

# STRETCH & RECOVERY ZONE

## RESORT'S WORLD FITNESS CENTER

An active therapy zone for pre and post workout. Talented trainers provide stretch and recovery.

### Stretch + Recovery

STRETCH + THERAGUN

15 Minutes \$35 | 30 Minutes \$60

### Stretch + Recovery

STRETCH + THERAGUN + RECOVERY AIR COMPRESSION

45 Minutes \$80 | 60 Minutes \$100

### Recovery Air Compression

15 Minutes \$35 | 30 Minutes \$60

### Personal Training Session

30 Minutes \$70 | 45 Minutes \$90 | 60 Minutes \$120

*All services are subject to a 20% service charge.*

