

Long-term care for older persons

Assessing the status of implementation of the ICPD Programme of Action

Population Division UNDESA

Session V. Leaving no one behind in an ageing world

Prof. Anne Margriet Pot

Programme of Action - adopted at the ICPD, Cairo, 1994

C. Elderly people

Objectives: (c) To develop a social support system, both formal and informal, with a view to enhancing the ability of families to take care of elderly people within the family.

Actions: **6.18** Governments should develop social security systems that ensure greater intergenerational and intragenerational equity and solidarity and that provide support to elderly people through the encouragement of multigenerational families, and the **provision of long-term support and services** for growing numbers of frail older people.

“Every Country should have a long-term care system”



Decade
of healthy
ageing

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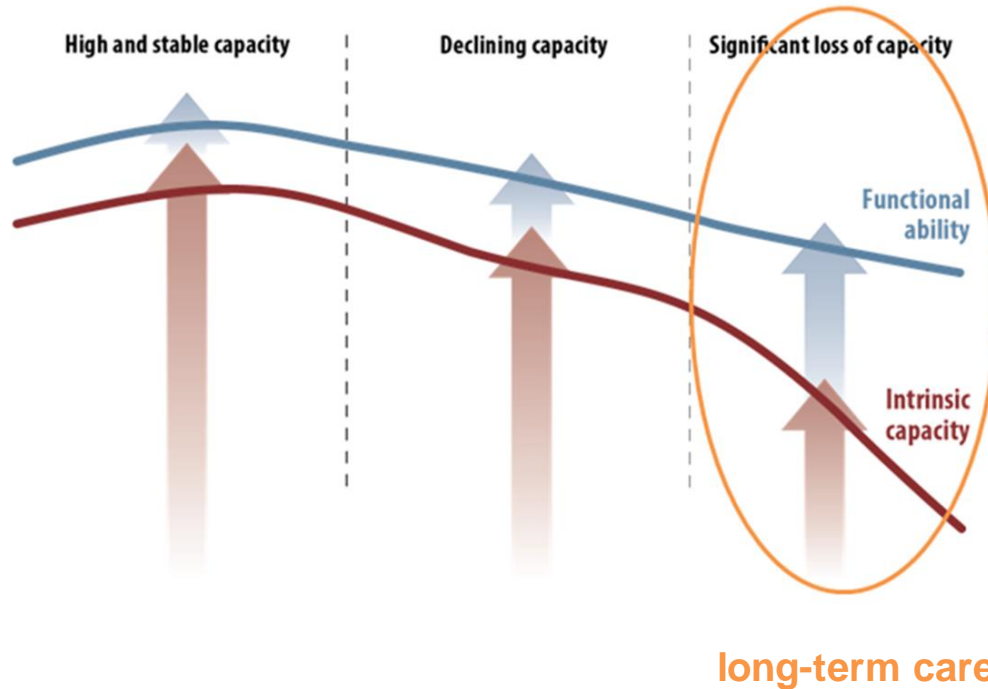
SEARCH 

Knowledge for healthy ageing

Find and share knowledge that can improve the lives of older people, their families, and their communities.

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Healthy ageing and long-term care: from a service-provider to person-centred approach



Erasmus

Long-Term Care

"...the activities undertaken by others to ensure that people with, or at risk of, a significant ongoing loss of intrinsic capacity can maintain a level of functional ability consistent with their basic rights, fundamental freedoms and human dignity"

Source: World Report on Ageing and Health.
Geneva: World Health Organization; 2015.



WORLD
REPORT
ON
**AGEING
AND
HEALTH**

Focus of Long-Term Care

- Peoples' **needs**
- Focus on **trajectory of functional ability**
- Not merely taking over, but stimulating to **do as much possible themselves**
- Not only focusing on meeting older people's basic needs for survival, but also people's abilities:
 - to move around,
 - to build and maintain relationships,
 - to learn, grow and decide, and
 - to contribute to their communities
- People have the **right** and deserve the freedom to realize their continuing aspirations to well-being, meaning and dignity, and a good life, even in the event of significant loss in intrinsic capacity.

A stylized, handwritten-style logo for Erasmus, featuring a large, flowing 'E' followed by the word 'Erasmus' in a cursive script.

Discriminatory practices during Covid-19 pandemic

Ageism is widespread, in particular related to older people with significant loss in capacities

Allocation according to chronological age only:

- Scarce resources, such as ventilators or access to intensive care units
 - Physical isolation measures
 - Strategies for lifting lockdown measures
- 40% of deaths related to COVID-19 linked to LTC facilities,
 - in some HIC 80% in these facilities

Source: Global report on ageism. Geneva: World Health Organization; 2021. Licence: CC BY-NC-SA 3.0 IGO.

The logo for Erasmus, featuring the name in a stylized, cursive script.

Elder abuse and Use of restraints

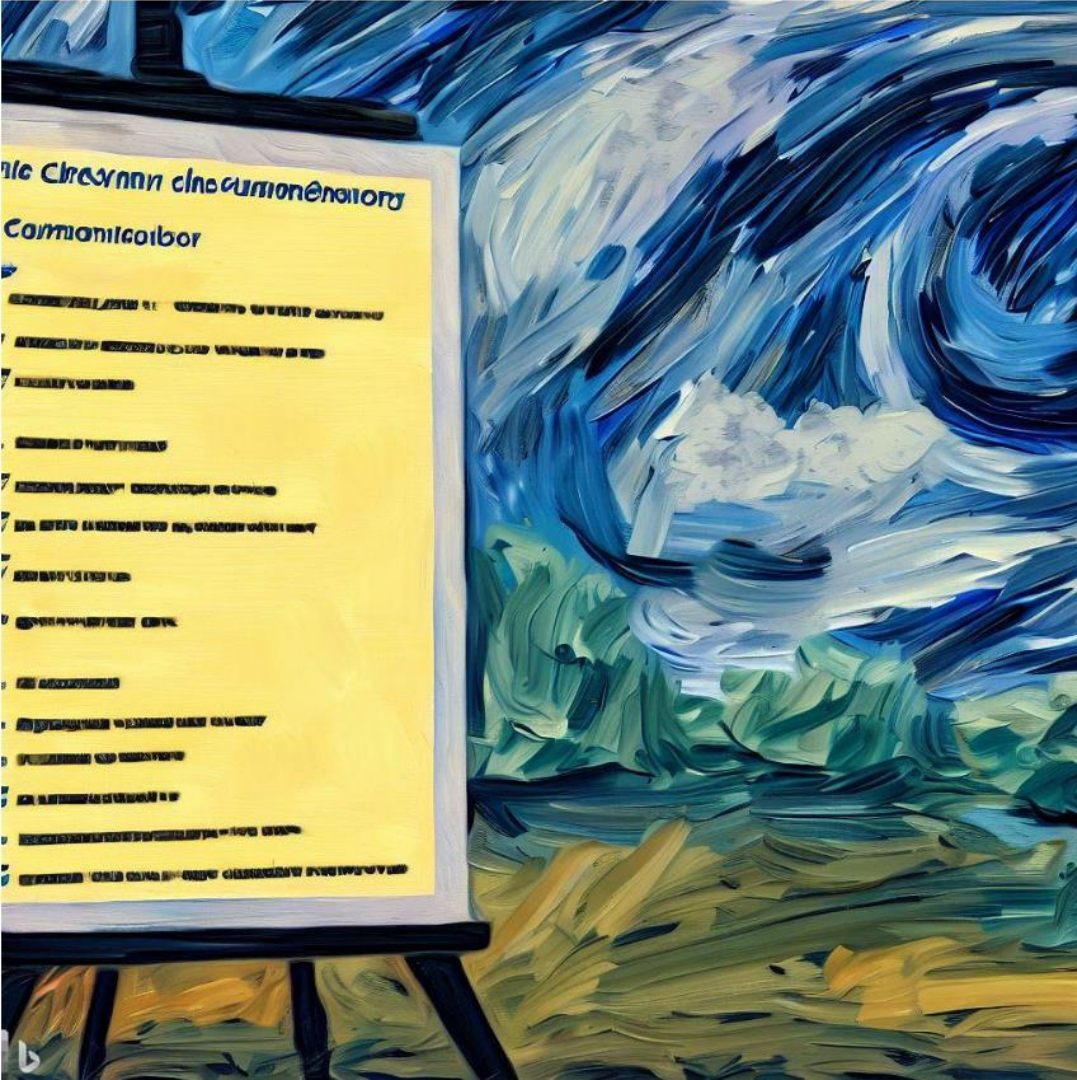
Elder abuse

- In home settings and long-term care facilities
- Different types: verbal, physical, sexual, neglect

Use of restraints

- In home settings and long-term care facilities
- Physical and pharmacological
- Examples of physical restraints: bed rails, belts, fixed tables on a chair or chairs preventing getting up, containment sheets and pajamas
- Towards restraint-free environment

The Erasmus logo is a stylized, handwritten-style signature of the word "Erasmus" in black ink, located in the bottom right corner of the slide.



Misconceptions

- ✓ Families are the backbone of care
- ✓ Unpaid care does not entail any cost for society
- ✓ To care for older people with a significant loss in capacity doesn't need training
- ✓ There is nothing between unpaid care and institutional care

Erasmus

The role of unpaid carers

Supporting:

f.i. caregiver training, respite,
payment/vouchers

Complementing:

f.i. home-based care

Supplementing:

f.i. day-care or care home

Available iSupport formats

www.iSupportfordementia.org



Online training



Hardcopy manual (PDF)



iSupport Lite
(quick reference posters)



mDementia
(support)



Practical tips
(short video)



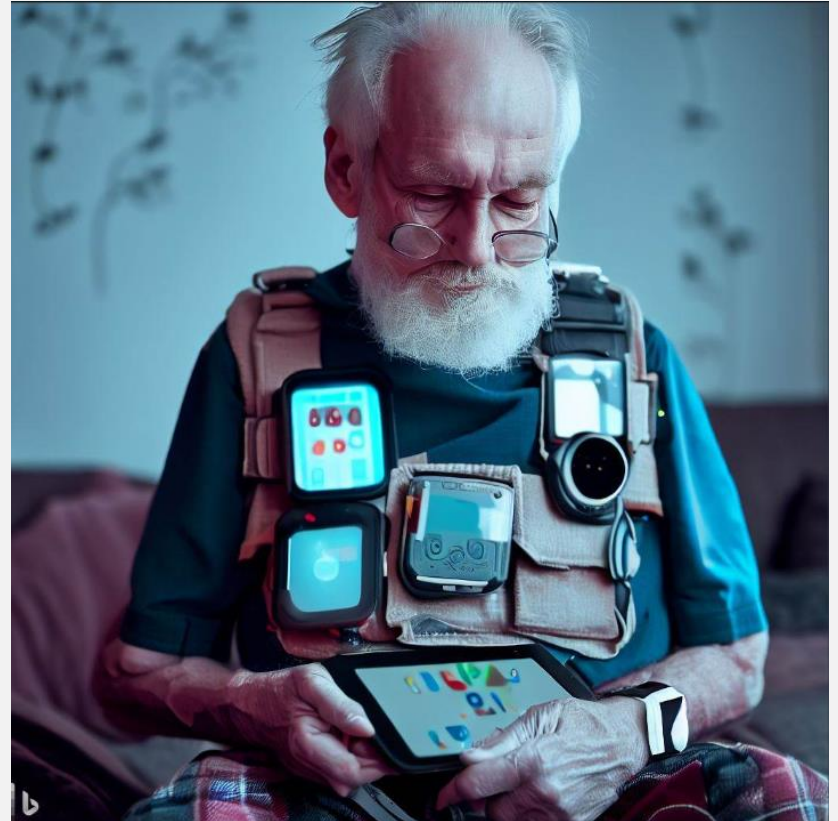
World Health
Organization



The role of technology

Development &
Implementation

Enabling or disabling?



The role of the physical environment: Green Care Farms



Source: Pot, A. M. et al. (2023). Person-centred long-term care for older persons: a new Lancet Commission. *Lancet*, 401(10390), 1754–1755.



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