

# SCHEDULE OF WYNN FITNESS CLASSES

WEEK OF August 5th- August 11th



|                 | Monday           | Tuesday | Wednesday | Thursday         | Friday            | Saturday          | Sunday         |
|-----------------|------------------|---------|-----------|------------------|-------------------|-------------------|----------------|
| Body Sculpting  | 9:00AM<br>(Cody) |         |           | 9:00AM<br>(Cody) | 9:00AM<br>(Cody)  | 9:00AM<br>(Cody)  |                |
| Core Revolution |                  |         |           |                  | 11:00AM<br>(Cody) |                   | 9:00 AM (Cody) |
| H.I.I.T         |                  |         |           |                  |                   | 11:00AM<br>(Cody) |                |

- Fitness Center Hours: 5:00am - 8:00pm
- Classes—by appointment only  
(702) 770-3900

- Group classes—\$40 each
- Personal training—from \$80
- Private Classes—from \$105

- A 100% cancellation fee applies for all appointments cancelled within 6 hours of the scheduled start time.
- The Fitness Center is an adult facilities and appropriate for guests 18 years and older.

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## **WEEK OF August 5th- August 11th**



BODY SCULPTING: A fat-burning, cardiovascular workout for strength and conditioning. (Limit 3 students)

CORE REVOLUTION: Build a strong lean core with isometrics, dynamic, balance, resistance, and flexibility training. (Limit 3 students)

H.I.I.T: High intensity interval training (Limit 3 students)