

Presented by **OAC**  
Obesity Action Coalition

**YOURWEIGHTMATTERS**  
REGIONAL

# FREE WEIGHT & HEALTH EVENT



Looking for the  
**RIGHT**  
information about  
your weight  
and health?



**BEGIN YOUR JOURNEY  
TO IMPROVED HEALTH!**

- Get quality science-based education delivered by trusted experts
- Learn weight management strategies
- Hear more about the latest treatments, best practices in nutrition and the role mental health plays
- And much more!

**Saturday,  
February 3, 2024**

**8:00 am - 12:00 pm**

**Free** Breakfast  
**Free** Parking  
**Free** Giveaways

 The Cassara Carlsbad  
5805 Armada Dr, Building B  
Carlsbad, California, 92008

Brought to you by:

**Lilly**

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